

AIR

NETWORK



ABOUT US




AIR Network have over 14 years experience specialising in engaging and supporting society's most vulnerable, excluded and at risk individuals. We work with people who are ex-offenders, face addiction, at risk young people, have mental health issues or who are homeless. We provide free support and a wide range of experiences and activities to promote recovery, reduction in reoffending and achievement of sustained positive destinations.

Many of our staff have faced the same issues that our clients have, it is our insight, experience and empathy which enables us to provide services which are realistic, reflective of client needs and relevant. We know that changing lives isn't just about tackling addiction or offending behaviour or getting a job, it's about building the skills, experiences, support networks, resilience and coping mechanisms to achieve and sustain these changes long term.

AIR
N E T W O R K

Every person we support is an individual, each journey is personal, at the core of our work is the belief that everyone has the right to a second chance.

Experience

- Current Community Mentoring (Accelerated Support Team) Programme with Brent council supporting young people aged 8-17 (male and female) delivered to 100 young people per year.
 - Current Community Mentoring (Violence and Vulnerability) Programme with Brent council supporting young people aged 11+ (male and female) delivered to 108 young people per year.
 - All London Borough EDI focused mentoring programme delivered with London CRC. Supported 350 ex offenders per year.
 - Current 6 Year Mentoring, ETE and wellbeing programme delivered with Lambeth Council, supporting 150 ex offenders per year.
 - 3 year fitness and mentoring programme for females affected by domestic violence with Advance Minerva.
 - Current Mentoring partner for Catch 22, delivering social inclusion (Mentoring) to ex offenders across all London boroughs as part of commissioned Probation services. (4 year programme supporting up to 750- 1500 individuals per year)
 - Fitness and wellbeing partner for London wide Activity HUB programme commissioned by REED in Partnership.
 - Current 2 year Mentoring programme with Penrose delivering mentoring/ life coaching and independent living to individuals with complex mental health needs living in the community.
 - 14 years experience delivering mentoring, sports, fitness, wellbeing, substance misuse reduction and youth programmes across all London Boroughs.
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Brent EVVP Mentoring Service

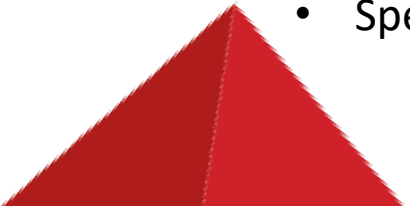
Programme summary

AIR Network deliver a planned personal mentoring programme for individuals who are at risk of offending or exploitation, this also includes individuals in gangs, on IOM scheme, in care, affected by family breakdown, known to the police , Local Authority or referred by schools.

Overall Purpose

- Provision of support, diversionary activities and pro-social modelling through mentoring to reduce anti-social and/or offending behaviour.
- Support to maintain and/or engage with ETE opportunities.
- EDI engagement and culturally sensitive support focus.

Focus / Outcomes

- Preventing individuals at risk of offending from involvement in anti-social or offending behaviour and gang involvement.
 - Improved family and peer relationships.
 - Improved relationships with statutory services including social work, YOT, school and police.
 - Substantial focus on ETE, includes signposting, employability support and link up with AIR Network's substantial supply chain for older young people.
 - Improved awareness of personal behaviours and consequences for self and others.
 - Improved wellbeing, physical and mental health.
 - Reduction of substance misuse for relevant individuals.
 - Improved school attendance, reduction in exclusions (with communication back to schools).
 - Development of personal action plan and associated key outcomes including improved hope for the future, experience of and achievement of success, resilience and bouncing back from set-backs.
 - Specific KPIs regarding hard outcomes, ETE, social capital and wellbeing.
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Community Referral Process

- Individuals referred to EVVP scheme through local partners. (Probation, Social Care, Locality, YOS, Schools, PRU's, Family Solutions)
- EVVP Coordinator will allocate young person to service who best suits their needs.
- AIR Network engages with young person through an initial threeway introduction with a representative from referring agency.
- AIR Network engages with young person for sign up within 5 working days, this meeting includes action plan, needs analysis and wellbeing questionnaire.
- Session delivered as part of sign up or next session is organised and mentoring begins.

Prison Referral Process

- Individuals due to be released is identified to EVVP scheme at fortnightly IOM meeting, attended by Police, AIR Network, Probation, WDP, EVVP scheme coordinator.
- Young person can also be identified through direct email from partner organisations.
- AIR Network arranges video link with prison to initially engage with young person.
- AIR Network will arrange on site visits to engage with young person (subject to COVID) or ongoing video links.
- AIR Network can arrange a meet at gate engagement for the young person
- AIR Network engage young people in Community Programme.

Delivery model

- Detailed local asset mapping and engagement with statutory services partnerships.
 - Intensive mentoring for individuals (including face to face and remote support), underpinned by a theory of change model, providing emotional and practical support, support to access services and skills development.
 - Mentors will be relevant, (95% of AIR Network staff are from a BAME background) Matched mentors based on age, gender, ethnicity and lived experience.
 - 1:1 mentoring – single and consistent point of contact. (same mentor throughout engagement)
 - Focus on pro-social modelling, building social/human capital, social behaviour modelling, developing positive non offender/anti-social behaviour identity, reducing boredom and implementing reducing offending strategies, challenging perceptions and supporting personal change/success.
 - Personal Development Plan for every individual. (this is flexible and develops with individual)
 - Support is time bound with a review for extension. (avoiding dependency and drift)
 - Minimum 3 contacts per week (typically 1 face to face & 2 phone calls).
 - Home visits (subject to any lockdown restrictions).
 - Provision is integrated into existing support plans including social work, school, YOT, Probation etc.
 - Out of hours & crisis support as required by individual.
 - Regular meetings with other professionals involved in care.
 - Flexibly delivered fitness and sports sessions focused on improved wellbeing, delivered in gyms, sports centres, suitable public park areas or home gardens.
 - “Think family” approach, involving families & significant others in the individual’s support.
 - Food parcel provision (via supermarket links & bakery/bread supplies) where available.
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Outcomes 20-21

- 100 individuals engaged
 - 69% of cohort achieved an ETE outcome
 - 80% of cohort demonstrated improved motivation for change
 - 91% of cohort reported improved health and wellbeing
 - 28% of cohort received housing support
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- 13 employment outcomes achieved
 - 32 employment support outcomes achieved
 - 60 training outcomes achieved
 - 64 education outcomes achieved
 - 11 benefit outcomes achieved
 - 29 housing outcomes achieved
 - 36 substance misuse outcomes achieved
 - 47 health outcomes achieved
 - 78 family relationships outcomes achieved
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- 320 mentoring sessions delivered
 - 200 home visits delivered
 - 2000 telephone sessions delivered
 - 250 training sessions delivered